

SAH (Aneurysms – AVM) and ICH Guidelines For Transferring Hospitals

Santa Barbara Cottage Hospital – Neuroscience Institute

Transfer Center: 1-888-MY-CALNEURO (1-888-692-2563)

The following items are meant as a guide in the care and transportation of patients to Dr. Zauner's Service at Santa Barbara Cottage Hospital. Please review with transferring MD and/or contact Dr. Zauner (805)453-9731 for any questions.

HOB 30 degrees at all times
Peripheral IV x 2
Vital signs with Neuro checks every 10 minutes
Foley catheter if indicated
Keep NPO (Strict)
Maintain PaO₂ >95%, PCO₂ 35-45, pH 7.35-7.45
Maintain normothermic temperature
NS @100 cc/hr

BP Control – Goal - Keep SBP: (SAH) 110-130 or (ICH) 120-150

****Cardene and Labetalol should be the first drug of choice****

Nicardipine (Cardene) drip: 50mg in 250NS or 40mg/200ml NS premixed bag. Start with 5mg/hr and increase by 2.5mg/hr every 5-15 min up to 15mg/hr maximum.

Labetalol: 10-20 mg IVP every 5 minutes for BP control x4 doses. Hold if HR <60 or

Hydralazine: 10mg IVP every 6 hours or

Nitroprusside drip: 0.5-10 mcg/kg/min

Sedation (Avoid over-sedation)

Propofol (only if intubated): Start at 10mcg/kg/min and titrate up to 50 mcg/kg/min or

Ativan 0.5 – 1 mg every 6 hours as needed for agitation or

Versed 2-4 mg every 2 hours as needed for agitation

Pain Control

Dilaudid 0.5-1 mg every hour or

Morphine 2 mg every hour

Anticonvulsants

Fosphenytoin (Cerebyx) 1 gm PE equiv IVPB over 30 min or

Keppra 1000 mg over 15 min. (If contraindication to Fosphenytoin)

Antiemetic

Ondansetron (Zofran) 4mg IV every 4 hours or

Promethazine (Phenergan) 12.5 mg IV every 4 hours

Call Report to SBCH Emergency Charge Nurse @ (805) 569-7210 **prior** to patient leaving your hospital

Transport Team - Call Transfer Center, **15 minutes prior** to arrival at Santa Barbara Cottage Hospital