

## COMPLETE RESULTS OF 2016 SANTA BARBARA COUNTY BRFSS SURVEY

The table below presents the results for each question in the 2016 Santa Barbara BRFSS survey. When available, the Santa Barbara BRFSS estimate is compared to the California State BRFSS estimate. Indicators for which Santa Barbara County performed less well than California are in red font.

Question	Indicator	SB BRFSS	CA BRFSS	HP 2020 Goal
<b>Health Status</b>				
1.1	Would you say that in general your health is excellent, very good, good, fair, or poor? <i>Respondents reporting good or better health.</i>	80.9%	82.0%	79.8%
1.2	Are you deaf or do you have serious difficulty hearing? <i>Respondents reporting yes.</i>	5.7%	*	NA
1.3	Are you blind or do you have serious difficulty seeing, even when wearing glasses? <i>Respondents reporting yes.</i>	3.8%	4.0%	NA
1.4	Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions? <i>Respondents reporting yes.</i>	10.5%	9.9%	NA
1.5	Do you have serious difficulty walking or climbing stairs? <i>Respondents reporting yes.</i>	11.8%	11.5%	NA
1.6	Do you have difficulty dressing or bathing? <i>Respondents reporting yes.</i>	4.0%	3.4%	NA
1.7	Because of a physical, mental, or emotional condition, do you have difficulty doing errands alone such as visiting a doctor's office or shopping? <i>Respondents reporting yes.</i>	6.2%	6.0%	NA
<b>Healthy Days – Health-Related Quality of Life</b>				
2.1	Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? <i>Respondents reporting at least 15 days.</i>	8.5%	10.1%	NA
2.2	Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? <i>Respondents reporting at least 15 days.</i>	9.3%	10.2%	NA

Question	Indicator	SB BRFS	CA BRFS	HP 2020 Goal
<b>Healthy Days – Health-Related Quality of Life</b>				
2.3	During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? <i>Respondents reporting at least 15 days.</i>	16.9%	13.0%	NA
<b>Health Care Access</b>				
3.1	Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare or Medi-Cal, or Indian Health Service? <i>Respondents reporting yes.</i>	88.7%	88.6%	100%
3.3	What is the primary source of your health care coverage? <i>Respondents reporting a plan purchased through employer.</i>	41.9%	*	NA
3.4	About how long has it been since you last visited a doctor for a routine checkup? <i>Respondents reporting within the past year.</i>	68.6%	66.1%	NA
3.5	Do you have one person you think of as your personal doctor or health care provider? <i>Respondents reporting no.</i>	27.5%	23.4%	83.9%
3.6	Is there one place that you primarily go to when you are sick or need advice about your health? <i>Respondents reporting no.</i>	16.2%	*	NA
3.7a	What kind of place do you go to most often? <i>Respondents reporting a clinic or health center.</i>	48.3%	*	NA
3.7b	What kind of place do you go to most often? <i>Respondents reporting a doctor's office or HMO.</i>	45.8%	*	NA
3.7c	What kind of place do you go to most often? <i>Respondents reporting a hospital emergency room.</i>	3.5%	*	NA
3.7d	What kind of place do you go to most often? <i>Respondents reporting a hospital outpatient department.</i>	0.7%	*	NA
3.7e	What kind of place do you go to most often? <i>Respondents reporting some other place.</i>	1.5%	*	NA

Question	Indicator	SB BRFS	CA BRFS	HP 2020 Goal
<b>Health Care Access</b>				
3.10	During the past 12 months, did you delay or not get medical care you felt you needed—such as seeing a doctor, a specialist, or other health professional? <i>Respondents reporting yes.</i>	19.1%	*	NA
3.11	Was there a time in the past 12 months when you needed to see a doctor but could not because of cost? <i>Respondents reporting yes.</i>	6.9%	13.5%	4.2%
3.12	During the past 12 months, did you ever skip medications to save money? <i>Respondents reporting yes.</i>	8.1%	*	NA
3.13a	During the past 12 months, have you delayed getting needed medical care because you couldn't get through on the phone? <i>Respondents reporting yes to question 3.10.</i>	18.9%	*	NA
3.13b	During the past 12 months, have you delayed getting needed medical care because you couldn't get an appointment soon enough? <i>Respondents reporting yes to question 3.10.</i>	41.9%	*	NA
3.13c	During the past 12 months, have you delayed getting needed medical care because once you got there you had to wait too long to see the doctor? <i>Respondents reporting yes to question 3.10.</i>	19.0%	*	NA
3.13d	During the past 12 months, have you delayed getting needed medical care because the doctor's office wasn't open when you got there? <i>Respondents reporting yes to question 3.10.</i>	13.8%	*	NA
3.13e	During the past 12 months, have you delayed getting needed medical care because you didn't have transportation? <i>Respondents reporting yes to question 3.10.</i>	20.3%	*	NA
3.13f	During the past 12 months, have you delayed getting needed medical care because you don't feel safe getting medical attention? <i>Respondents reporting yes to question 3.10.</i>	12.3%	*	NA
3.13g	During the past 12 months, have you delayed getting needed medical care for some other reason? <i>Respondents reporting yes to question 3.10.</i>	40.2%	*	NA
3.15a	During the past 12 months, how many times have you gone to a hospital emergency room about your own health? <i>Respondents reporting 0 times.</i>	74.8%	*	NA
3.15b	During the past 12 months, how many times have you gone to a hospital emergency room about your own health? <i>Respondents reporting 1 time.</i>	15.7%	*	NA

Question	Indicator	SB BRFS	CA BRFS	HP 2020 Goal
<b>Health Care Access</b>				
3.15c	During the past 12 months, how many times have you gone to a hospital emergency room about your own health? <i>Respondents reporting 2 or more times.</i>	9.5%	*	NA
3.17	Thinking about your most recent emergency room visit, did you go to the emergency room either at night or on the weekend? <i>Respondents reporting 1 or more emergency room visits.</i>	70.3%	*	NA
3.18	Did this emergency room visit result in a hospital admission? <i>Respondents reporting 1 or more emergency room visits.</i>	29.0%	*	NA
3.19a	Tell me which of these apply to your last emergency room visit: You didn't have another place to go? <i>Respondents reporting 1 or more emergency room visits.</i>	42.1%	*	NA
3.19b	Tell me which of these apply to your last emergency room visit: Your doctor's office or clinic was not open? <i>Respondents reporting 1 or more emergency room visits.</i>	52.7%	*	NA
3.19c	Tell me which of these apply to your last emergency room visit: Your health provider advised you to go? <i>Respondents reporting 1 or more emergency room visits.</i>	31.3%	*	NA
3.19d	Tell me which of these apply to your last emergency room visit: The problem was too serious for the doctor's office or clinic? <i>Respondents reporting 1 or more emergency room visits.</i>	54.3%	*	NA
3.19e	Tell me which of these apply to your last emergency room visit: Only a hospital could help you? <i>Respondents reporting 1 or more emergency room visits.</i>	72.3%	*	NA
3.19f	Tell me which of these apply to your last emergency room visit: The emergency room is your closest provider? <i>Respondents reporting 1 or more emergency room visits.</i>	62.6%	*	NA
3.19g	Tell me which of these apply to your last emergency room visit: You get most of your care at the emergency room? <i>Respondents reporting 1 or more emergency room visits.</i>	19.0%	*	NA
3.19h	Tell me which of these apply to your last emergency room visit: You arrived by ambulance or other emergency vehicle? <i>Respondents reporting 1 or more emergency room visits.</i>	12.8%	*	NA

Question	Indicator	SB BRFSS	CA BRFSS	HP 2020 Goal
<b>Health Literacy</b>				
4.1	How often do you have someone (like a family member, friend, hospital/clinic worker or caregiver) help you read or understand health-related materials? <i>Respondents reporting most or all of the time.</i>	10.3%	*	NA
4.2	How often do you have problems learning about health-related conditions because of difficulty understanding written information? <i>Respondents reporting most or all of the time.</i>	4.6%	*	NA
<b>Demographics</b>				
5.12a	Employment status. Respondents reporting Employed for Wages.	47.7%	46.9%	NA
5.12b	Employment status. Respondents reporting being unemployed for < or > 1 year	4.3%	6.5%	NA
5.13	Is your main job year-round or seasonal? <i>Respondents reporting year-round.</i>	84.3%	*	NA
5.13a	Do problems getting child care make it difficult for you to work or study? <i>Respondents reporting yes.</i>	11.0%	*	NA
5.14	Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit? <i>Respondents reporting yes.</i>	8.4%	8.5%	NA
5.15	How many children less than 18 years of age live in your household? <i>Respondents reporting at least one.</i>	40.6%	40.9%	NA
5.16	Annual household income from all sources. <i>Respondents reporting \$75,000 or more.</i>	34.4%	35.7%	NA
Calculated from 5.17 & 5.18	Obese, based on BMI calculated from self-reported height and weight****.	21.6%	24.2%	30.5%
5.19	To your knowledge, are you now pregnant? <i>Female respondents ages 18-44 reporting yes.</i>	3.2%	4.6%	NA

Question	Indicator	SB BRFS	CA BRFS	HP 2020 Goal
<b>Seat Belt Use</b>				
6.1	How often do you use seat belts when you drive or ride in a car? <i>Respondents reporting always.</i>	92.7%	94.2%	92%
<b>Exercise and Sleep Habits</b>				
7.1	During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise? <i>Respondents reporting yes.</i>	81.9%	80.0%	32.6%
7.2	On average, how many hours of sleep do you get in a 24-hour period? <i>Respondents reporting at least 8 hours.</i>	40.2%	36.6%**	70.8%
<b>Chronic Health Conditions</b>				
8.1	(Ever told) you that you had a heart attack also called a myocardial infarction? <i>Respondents reporting yes.</i>	2.6%	3.0%	NA
8.2	(Ever told) you had angina or coronary heart disease? <i>Respondents reporting yes.</i>	3.1%	3.2%	NA
8.3	(Ever told) you had a stroke? <i>Respondents reporting yes.</i>	2.6%	2.3%	NA
8.4	(Ever told) you had asthma? <i>Respondents reporting yes.</i>	14.4%	12.9%	NA
8.5	Do you still have asthma? <i>Respondents reporting yes.</i>	61.3%	61.2%	NA
8.6	(Ever told) you had skin cancer? <i>Respondents reporting yes.</i>	8.6%	5.1%	NA
8.7	(Ever told) you had any type of cancer? <i>Respondents reporting yes.</i>	8.4%	6.0%	NA
8.8	(Ever told) you have chronic obstructive pulmonary disease (COPD), emphysema or chronic bronchitis? <i>Respondents reporting yes.</i>	4.5%	4.0%	NA
8.9	(Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia? <i>Respondents reporting yes.</i>	22.3%	19.1%	NA

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<b>Chronic Health Conditions</b>				
8.10	(Ever told) you have a depressive disorder (including depression, major depression, dysthymia, or minor depression)? <i>Respondents reporting yes.</i>	18.3%	12.9%	5.8%
8.11	(Ever told) you have kidney disease? <i>Respondents reporting yes.</i>	3.5%	2.4%	13.3%
8.12	(Ever told) you have diabetes? <i>Respondents reporting yes.</i>	8.8%	10.0%	NA
8.13	How old were you when you were told you have diabetes? <i>Respondents reporting 40 or older.</i>	72.6%	73.7%**	NA
<b>Immunization</b>				
9.1	During the past 12 months, have you had either a flu shot - or a flu vaccine that was sprayed in your nose? <i>Respondents reporting yes.</i>	32.1%	37.6%	NA
9.2	Have you ever had a pneumonia shot? <i>Respondents reporting yes.</i>	34.6%	33.6%	NA
<b>Oral Health</b>				
10.1	How long has it been since you last visited a dentist or a dental clinic for any reason? <i>Respondents reporting within the past year.</i>	70.0%	65.1%**	49.0%
10.2	How many of your permanent teeth have been removed because of tooth decay or gum disease? <i>Respondents reporting none.</i>	65.9%	59.4%**	68.8%
<b>Tobacco and E-Cigarette Use</b>				
11.1	Have you smoked at least 100 cigarettes in your entire life? <i>Respondents reporting yes.</i>	31.5%	34.7%	NA
11.2	Do you now smoke cigarettes every day, some days, or not at all? <i>Of respondents who have smoked at least 100 cigarettes, those reporting not at all.</i>	70.4%	66.3%	12.0
11.3	During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking? <i>Respondents reporting yes.</i>	58.1%	57.6%	80.0
11.4	How long has it been since you last smoked a cigarette, even one or two puffs? <i>Respondents reporting 10 years or more.</i>	39.0%	56.4%	8.0

Question	Indicator	SB BRSS	CA BRSS	HP 2020 Goal
<b>Tobacco and E-Cigarette Use</b>				
11.5	Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all? <i>Respondents reporting not at all.</i>	99.1%	98.4%	NA
11.6	Have you ever used an e-cigarette or other electronic vaping product, even just one time, in your entire life? <i>Respondents reporting yes.</i>	19.1%	*	NA
11.7	Do you now use e-cigarettes or other electronic vaping products every day, some days, or not at all? <i>Respondents reporting every day or some days use.</i>	14.0%	*	NA
<b>Alcohol Consumption and Drug Use</b>				
12.1	During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage (such as beer, wine, a malt beverage or liquor)? <i>Respondents reporting at least one day per month.</i>	60.0%	53.6%**	NA
12.2	During the past 30 days, on the days when you drank, about how many drinks did you drink on the average? <i>Respondents reporting more than 2 drinks.</i>	23.9%	28.4%**	NA
12.3	Considering all types of alcoholic beverages, how many times during the past 30 days did you have [5 for men, 4 for women] or more drinks on an occasion? <i>Respondents reporting at least once.</i>	16.7%	15.6%**	24.4%
12.4	During the past 30 days, what is the largest number of drinks you had on any occasion? <i>Respondents reporting more than 5 drinks.</i>	16.5%	16.9%**	25.4%
12.5	During the past 30 days, how many times have you driven when you've had perhaps too much to drink? <i>Respondents reporting at least once.</i>	1.8%	3.7%**	NA
12.6	In the last 12 months, have you taken any prescription pain relievers or tranquilizers including (Codeine, morphine, Lortab, Vicodin, Tylenol #3, Percocet, OxyContin) when it was <u>NOT</u> prescribed to you by a doctor, dentist, nurse practitioner, or other healthcare provider? <i>Respondents reporting yes.</i>	1.5%	*	NA
12.7	From whom did you obtain the prescription pain medication?	NA	*	NA



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<b>Alcohol Consumption and Drug Use</b>				
12.8	Within the last 12 months, have you traveled either locally or out of state, to more than one health care provider for the primary reason of obtaining prescription pain medications or tranquilizers such as Codeine, morphine, Lortab, Vicodin, Tylenol #3, Percocet, or OxyContin?	NA	*	NA
12.9	Within the last 12 months, have you used heroin? <i>Respondents reporting yes.</i>	0.5%	*	NA
<b>Falls</b>				
13.1	In the past 12 months, how many times have you fallen? <i>Respondents reporting at least one time.</i>	24.6%	27.8%**	50.0%
13.1a	Did your most recent fall (from Q13.1) cause an injury? <i>Respondents reporting yes.</i>	37.0%	*	NA
13.2	How many of these falls caused an injury? <i>Respondents reporting at least one.</i>	36.2%	41.2%**	37.5%
<b>Colorectal Cancer Screening</b>				
14.1	Have you ever had either of these exams (sigmoidoscopy or colonoscopy)? <i>Respondents age 50 and older reporting yes.</i>	70.5%	66.6%**	NA
14.2	Was your most recent exam a sigmoidoscopy or a colonoscopy? <i>Respondents reporting yes to question 14.1 who had a colonoscopy.</i>	93.1%	89.2%**	NA
14.3	How long has it been since you had your last sigmoidoscopy or colonoscopy? <i>Respondents reporting within the past 10 years.</i>	94.4%	93.0%**	NA
14.4	A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? <i>Respondents age 50 and older reporting yes.</i>	36.5%	44.4%**	NA
<b>Breast and Cervical Cancer Screening</b>				
15.1	A mammogram is an x-ray of each breast to look for breast cancer. Have you ever had a mammogram? <i>Female respondents reporting yes.</i>	58.0%	64.0%**	81.1%
15.2	How long has it been since you had your last mammogram? <i>Respondents reporting within the past year.</i>	58.1%	61.7%**	NA

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<b>Breast and Cervical Cancer Screening</b>				
15.3	A Pap test is a test for cancer of the cervix. Have you ever had a Pap test? <i>Female respondents reporting yes.</i>	84.3%	87.8%**	
15.4	How long has it been since you had your last Pap test? <i>Respondents reporting within the past year.</i>	49.8%	48.4%**	NA
15.5	Have you ever had an HPV test? <i>Female respondents reporting yes.</i>	42.6%	*	NA
15.6	How long has it been since you had your last HPV test? <i>Respondents reporting within the past year.</i>	53.0%	*	NA
<b>Prostate Cancer Screening</b>				
16.1	Have you ever had a PSA test? <i>Male respondents 40 or older reporting yes.</i>	56.4%	51.1%**	15.9%
16.2	How long has it been since you had your last PSA test? <i>Respondents reporting within the past year.</i>	56.2%	62.1%**	NA
<b>Children's Access to Health Care</b>				
17.7	How are you related to the (survey selected) child? <i>Respondents reporting parent.</i>	73.1%	71.6%**	NA
18.1	Does this child have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare or Medi-Cal, or Indian Health Service <i>Respondents reporting yes.</i>	95.9%	*	100%
18.2	What is the primary source of health care coverage for this child? <i>Respondents reporting a plan through an employer.</i>	34.8%	*	NA
18.3	Does this child have one person you think of as their personal doctor or health care provider? <i>Respondents reporting yes.</i>	85.0%	*	NA
18.4	Is there one place that you PRIMARILY take this child to when he/she is sick or you need advice about his/her health? <i>Respondents reporting yes.</i>	94.6%	*	NA
18.6a	What kind of place do you take [him/her] to most often...? <i>Respondents reporting a clinic or health center.</i>	46.8%	*	NA

Question	Indicator	SB BRFS	CA BRFS	HP 2020 Goal
<b>Children's Access to Health Care</b>				
18.6b	What kind of place do you take [him/her] to most often...? <i>Respondents reporting a doctor's office or HMO.</i>	48.5%	*	NA
18.6c	What kind of place do you take [him/her] to most often...? <i>Respondents reporting a hospital emergency room.</i>	2.4%	*	NA
18.6d	What kind of place do you take [him/her] to most often...? <i>Respondents reporting a hospital outpatient department.</i>	0.9%	*	NA
18.6e	What kind of place do you take [him/her] to most often...? <i>Respondents reporting some other place.</i>	0.8%	*	NA
18.9	During the past 12 months, did you delay or not get any other medical care (you felt that this child needed) such as seeing a doctor, a specialist, or other health professional? <i>Respondents reporting yes.</i>	6.1%	*	NA
18.10	Was there a time in the past 12 months when this child needed to see a doctor but could not because of cost? <i>Respondents reporting yes to question 18.9.</i>	***	*	NA
18.11a	Have you delayed getting this child needed medical care for any of the following reasons in the past 12 months? You couldn't get through on the telephone. <i>Respondents reporting yes to question 18.9.</i>	***	*	NA
18.11b	Have you delayed getting this child needed medical care for any of the following reasons in the past 12 months? You couldn't get an appointment soon enough. <i>Re Respondents reporting yes to question 18.9.</i>	***	*	NA
18.11c	Have you delayed getting this child needed medical care for any of the following reasons in the past 12 months? Once you got there, you had to wait too long to see the doctor. <i>Respondents reporting yes to question 18.9.</i>	***	*	NA
18.11d	Have you delayed getting this child needed medical care for any of the following reasons in the past 12 months? The doctor's office wasn't open when you got there. <i>Respondents reporting yes to question 18.9.</i>	***	*	NA

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<b>Children's Access to Health Care</b>				
18.11e	Have you delayed getting this child needed medical care for any of the following reasons in the past 12 months? You didn't have transportation. <i>Respondents reporting yes to question 18.9.</i>	***	*	NA
18.11f	Have you delayed getting this child needed medical care for any of the following reasons in the past 12 months? You didn't feel safe getting medical attention for this child. <i>Respondents reporting yes to question 18.9.</i>	***	*	NA
18.12a	(Ever told you) that this child had Attention-Deficit/Hyperactivity Disorder (ADHD)? <i>Respondents reporting yes.</i>	5.4%	*	NA
18.12b	(Ever told you) that this child had autism spectrum disorder (ASD)? <i>Respondents reporting yes.</i>	3.6%	*	NA
18.12c	(Ever told you) that this child had asthma? <i>Respondents reporting yes.</i>	11.4%	14.1%**	NA
18.12d	Does this child still have asthma? <i>Respondents reporting yes.</i>	70.5%	57.7%**	NA
18.12e	(Ever told you) that this child had any types of cancer? <i>Respondents reporting yes.</i>	0%	*	NA
18.12f	(Ever told you) that this child had a depressive disorder (including depression, major depression, dysthymia, or minor depression)? <i>Respondents reporting yes.</i>	2.6%	*	7.5%
18.13f	(Ever told you) that this child had diabetes? <i>Respondents reporting yes.</i>	0.4%	*	NA
18.14	(Ever told you) that this child is obese? <i>Respondents reporting yes.</i>	3.9%	*	14.5%
18.15	How long has it been since this child last visited a dentist or a dental clinic for any reason? <i>Respondents reporting within the past year.</i>	80.2%	*	NA
<b>Housing and Neighborhood Characteristics</b>				
19.1	Have you ever had times in your life when you considered yourself homeless? <i>Respondents reporting once or more than once.</i>	11.5%	*	NA
19.1b	Do you currently consider yourself homeless? <i>Respondents reporting yes.</i>	1.6%	*	NA

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<b>Housing and Neighborhood Characteristics</b>				
19.3a	How many people are living at your address in total? <i>Respondents reporting 1.</i>	12.3%	*	NA
19.3b	How many people are living at your address in total? <i>Respondents reporting 2.</i>	27.6%	*	NA
19.3c	How many people are living at your address in total? <i>Respondents reporting 3.</i>	18.8%	*	NA
19.3d	How many people are living at your address in total? <i>Respondents reporting 4.</i>	20.9%	*	NA
19.3e	How many people are living at your address in total? <i>Respondents reporting 5.</i>	11.1%	*	NA
19.3f	How many people are living at your address in total? <i>Respondents reporting 6 or more.</i>	9.3%	*	NA
19.4a	Which best describes this building? <i>Respondents reporting a mobile home.</i>	4.3%	*	NA
19.4b	Which best describes this building? <i>Respondents reporting a one family house detached from any other house.</i>	63.5%	*	NA
19.4c	Which best describes this building? <i>Respondents reporting a one family house attached to one or more houses.</i>	8.5%	*	NA
19.4d	Which best describes this building? <i>Respondents reporting a building with two or more apartments.</i>	1.4%	*	NA
19.4e	Which best describes this building? <i>Respondents reporting something else.</i>	4.9%	*	NA
19.5	Do you rent to own your home? <i>Respondents reporting renting.</i>	44.1%	*	NA
19.6	What best describes the sidewalks in your neighborhood? <i>Respondents reporting no sidewalks.</i>	17.7%	*	NA
19.7	Is there effective street lighting in your neighborhood? <i>Respondents reporting yes.</i>	79.9%	*	NA
19.8	How often do you feel safe in your neighborhood...? <i>Respondents reporting most or all of the time.</i>	93.1%	*	NA
<b>Food Security and Availability</b>				
20.1a	In a typical month, where do you get <i>most</i> of your food? <i>Respondents reporting some other type of store.</i>	2.6%	*	NA
20.1b	In a typical month, where do you get <i>most</i> of your food? <i>Respondents reporting grocery store.</i>	91.8%	*	NA
20.1c	In a typical month, where do you get <i>most</i> of your food? <i>Respondents reporting a food pantry.</i>	0.9%	*	NA

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<b>Food Security and Availability</b>				
20.1d	In a typical month, where do you get <i>most</i> of your food? <i>Respondents reporting somewhere else.</i>	4.7%	*	NA
20.2	How satisfied are you with the availability of food in your neighborhood? <i>Respondents reporting somewhat or very satisfied.</i>	96.0%	*	NA
20.3	How satisfied are you with the overall quality of food sold in your neighborhood? <i>Respondents reporting somewhat or very satisfied.</i>	96.6%	*	NA
20.4	Overall, how satisfied are you with the price of food available in your neighborhood? <i>Respondents reporting somewhat or very satisfied.</i>	76.9%	*	NA
20.5	The food that {I/we} bought just didn't last, and {I/we} didn't have money to get more. <i>Respondents reporting sometimes or often true.</i>	18.7%	*	NA
20.6	In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food? <i>Respondents reporting yes.</i>	13.5%	*	NA
20.7	Over the last 12 months, how often did this happen -- almost every month, some months but not every month, or only in 1 or 2 months? <i>Respondents reporting some months or almost every month.</i>	68.0%	*	NA
<b>Social Connections</b>				
21.1	In a typical month, how many times do you talk on the telephone with family, friends, or neighbors? <i>Respondents reporting once a week or more.</i>	97.0%	*	NA
21.2	In a typical month, how often do you get together with friends or relatives? <i>Respondents reporting once a week or more.</i>	92.5%	*	NA
21.3	In a typical month, about how often do you visit with any of your other neighbors, either in their homes or in your own? <i>Respondents reporting once a week or more.</i>	49.7%	*	NA
<b>Financial Resource Strain</b>				
22.1	Are you worried that in the next 2 months, you may not have stable housing? <i>Respondents reporting yes.</i>	10.7%	*	NA
22.2	In the last 12 months, has your utility company shut off your service for not paying your bills? <i>Respondents reporting yes.</i>	3.7%	*	NA

\*Data not available from CA BRFSS

\*\*Data from 2014 CA BRFSS; all other CA BRFSS data is from 2015

\*\*\*Data suppressed because cell count was < 50

\*\*\*\* Obesity is defined as BMI  $\geq$  30kg/m