



TRANSCRANIAL MAGNETIC STIMULATION FOR TREATMENT OF MAJOR DEPRESSION AND MIGRAINE HEADACHE

Transcranial magnetic stimulation (TMS) was first described 30 years ago, and since then has gained enormous attention by neurologists, psychiatrists, neurosurgeons, clinical neurophysiologists, psychologists and neuroscientists. TMS is an FDA-cleared, non-invasive treatment for Major Depressive Disorder recognized by the American Psychiatric Association in its [Best Practices Guidelines](#) as an effective treatment for depression. TMS therapy differs from traditional drug therapy because it employs MRI-strength magnetic impulses targeted to specific regions of the brain involved in the regulation of mood. Consequently, TMS is free of the systemic side effects common to drug therapy.

Course Objectives:

1. Discuss the history of transcranial magnetic stimulation
2. Discover the science behind the treatment and why it is effective
3. Review case studies and results of patients who have undergone TMS treatment
4. Identify patients who are candidates for TMS

Sheldon Jordan, MD, FAAN

Dr. Jordan is a neurologist in Santa Monica, California and is affiliated with Providence St. John's Health Center. He received his medical degree from David Geffen School of Medicine at UCLA and has been in practice for more than 20 years. Dr. Jordan is a graduate of Brooklyn Tech in Industrial Design and completed premedical studies at Harvard University. Dr. Jordan has published research in behavior modification of autistic and developmentally disabled children at the [Kennedy Institute](#), [Johns Hopkins Hospital](#). Through this research, Dr. Jordan has developed recovery and educational programs for schizophrenic and depressed patients at the Sheppard Pratt Institute.

Santa Barbara Cottage Hospital Psychiatry and Addiction Medicine services invite you to attend its August 2018 presentation.

Wednesday, August 8, 2018

12:00 - 1:30 p.m.

Burtness Auditorium

Santa Barbara Cottage Hospital

Guest Speaker:

Sheldon Jordan, MD, FAAN

Program Coordinators:

Mari Mender, BSN, RNC,
Psychiatry Educator

Carole Reynolds Ingraham, LMFT

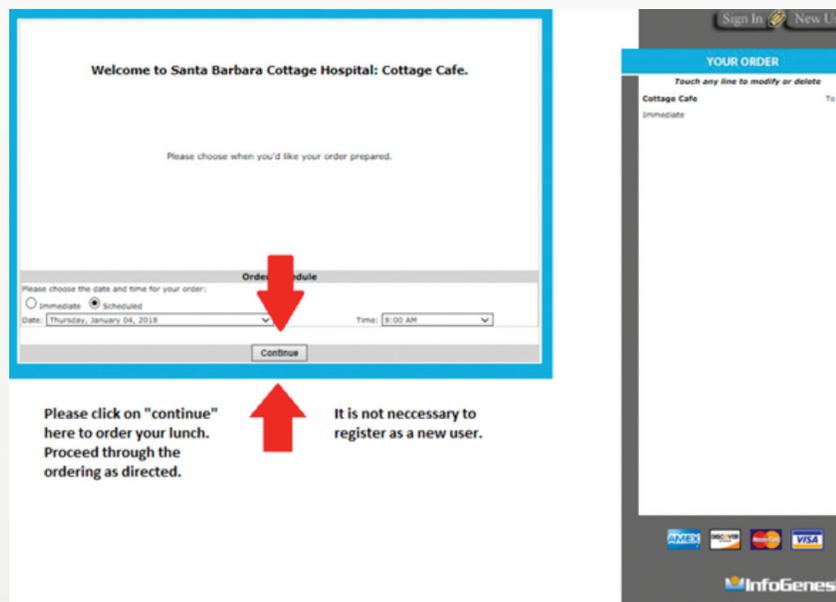
Education Consultant:

Christine Block, MSN, RN, CNRN

Lunch is available for purchase from the Cottage Café located just inside the original entrance at Pueblo and Bath St. If you place an order, please stop by and pick up your lunch on your way up to the auditorium.

<https://emenu.e-touch.com/Browse.aspx?s=313&ctx=new>

Using the link provided please click on Continue. It is not necessary to register as a new user to order from the café.



CONTINUING EDUCATION UNITS

Physicians: Please note that due to changes in the requirements to qualify for CMEs, Psychiatric Grand Rounds is no longer able to offer CMEs.

Course meets the qualifications for 1 hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences. Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (Provider #57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.

Course approved for 1 contact hour for RNs by the California Board of Registered Nursing (Provider #00252), through the Education Department, Cottage Health.

No RSVP or advanced registration/payment will be required. Registration for course attendees requesting continuing education credit will take place prior to the start of the course.

CH Employees may receive the continuing education credit through HealthStream.

Others: The Continuing Education Certificate will be issued within 10 business days following receipt of the course evaluation and \$15 fee. Detailed instructions will be provided at registration.

Grievances may be addressed directly to the Education Department.

If you are in need of special accommodation, please contact the Education Department at 805-569-7325.