

Cottage Rehabilitation Hospital



A guide on **what to expect** during your stay

What to expect at CRH in comparison with your acute hospital stay



SEMI-PRIVATE ROOMS

At CRH all patients will have a roommate, unless medically indicated by the physician.

CLOTHING

At CRH, patients wear regular clothing, as opposed to hospital gowns. You will not need regular clothes on the first day of your stay,

but will on all subsequent days.

FOOD

The same great food options that are available at Santa Barbara Cottage Hospital are available at CRH, with the same call-in order process. However, all patients will be strongly encouraged to eat in our communal dining space at set meal times.

VISITING HOURS

Visiting hours are from 7:30 a.m. - 8 p.m., including weekends. Visitors must check-in at the main lobby entrance.



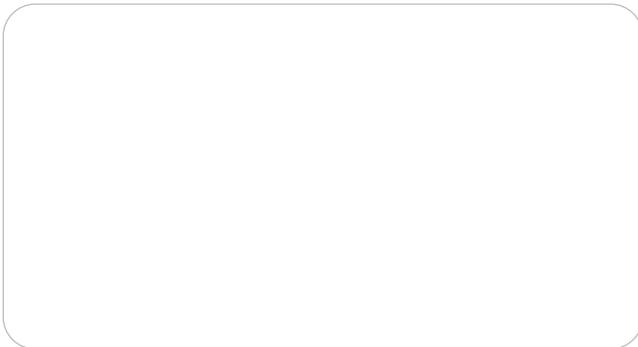
What is **Acute Rehab**?

Cottage Rehabilitation Hospital (CRH) is a comprehensive medical rehabilitation unit. While at CRH, patients participate in a minimum of 3 hours of therapy per day, 5 days a week. The majority of patients participate in additional therapies. Therapy disciplines include occupational therapy, physical therapy, speech-language pathology, psychology and therapeutic recreation.

Patients are treated by physical medicine and rehabilitation physicians, an internal medicine physician and rehabilitation nurses.

CLINICAL LIAISON

For over 60 years, CRH has been the Central Coast's premier provider of medical rehabilitation services and is recognized for its quality of compassionate care. For all other questions about your rehabilitation experience, do not hesitate to contact your designated clinical liaison:



We look forward to assisting you on your rehabilitation journey!
Sincerely,

PARKING

You are encouraged to use the free valet parking at CRH's front entrance on De la Vina Street from 9 a.m. – 5 p.m., Monday through Friday. Tipping is not expected. Street parking is available during nights and weekends but please pay attention to the signs.

Main CRH Number:
(805) 687-7444

(Give CRH receptionist extension or patient room or name)

Cottage Rehabilitation Hospital/Santa Barbara Cottage Hospital is a not-for-profit, community organization dedicated to providing medical excellence close to home

For additional information about CRH programs and services, call (805) 687-7444.

We look forward to serving you.

COTTAGE REHABILITATION HOSPITAL

2415 De la Vina St.
Santa Barbara, CA 93105
(805) 687-7444

cottagehealth.org/rehab