

Health Equity in Healthcare

KAMILAH MAHON, MA

The COVID-19 pandemic has revealed and exacerbated racial disparities in our health care system. Over the last year, the issue of racial inequity has been magnified with a shift in awareness of America's deep-rooted systemic racism.

Health care providers and organizations are being called to address these biases to cultivate a more inclusive and just health care system. Kamilah Mahon, MA, Cottage Health Inclusion Diversity and Workforce Planning Manager, will explore what health equity is and how it differs from health care equality. Drawing from recent data and applied experience, this presentation will describe how inequity manifests in health care and what we can do as practitioners to avoid deepening racial inequities. After attending, mental health professionals will better understand how diversity, equity and inclusion relate to their daily practice.

OBJECTIVES:

1. Recognize and distinguish between equity and equality in health care.
2. Identify the terminology used when discussing bias, equity and disparities.
3. State examples of negative biases or disparities that occur within the health care setting.
4. Describe how to apply strategies to mitigate bias in patient related discussions and decisions.

KAMILAH MAHON, MA, accepted her current position with Cottage Health in March 2020 as its first Inclusion Diversity and Workforce Planning Manager. She serves as an in-house expert providing strategic inclusion and diversity direction to the Cottage Health leadership team. When serving as an Advisor with Guidepoint Consulting, Mahon consults clients across various diversity, equity and inclusion topics.

In 2016, Mahon earned a Master of Arts in Industrial-Organizational Psychology from The Chicago School of Professional Psychology. After graduating, she accepted an opportunity with The Walt Disney Company's HR team in Burbank where she led projects on the Corporate HR, Enterprise D&I, and the Enterprise Communication teams. Seeking work with greater intrinsic value inspired her to leave Disney and join Cottage Health in 2020. Recently, Mahon became a licensed Intercultural Developmental Inventory Administrator.

FEBRUARY 2021

Santa Barbara Cottage Hospital
Psychiatry and Addiction Medicine
Department invites you to virtually
attend its February 2021 presentation.

TUESDAY, FEBRUARY 23, 2021

Noon to 1:30 p.m.
No meals or breaks provided.

This event has gone virtual.
Join us via GoToTraining at:

attendee.gototraining.com/r/2731664484349180162

Training ID: 287-208-220



Cottage
Psychiatry and
Addiction Medicine

CONTINUING EDUCATION

PHYSICIANS: Please note that Psychiatric Grand Rounds is no longer able to offer CMEs because of changes to the CME requirements.

- Course meets the qualifications for 1 hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs, and LEPs as required by the California Board of Behavioral Sciences.
- Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider # 57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- Course approved by the California Board of Registered Nursing, Provider #00252 for 1 contact hour.
- Continuing Education: Attendance for the full hour is required to receive credit. CE credit is not offered for meals or breaks.

COTTAGE HEALTH EMPLOYEES: send name, email and employee number to: cmanigau@sbch.org

FEES: There is no charge to Cottage Health employees. There is a \$15 fee to Non-Cottage attendees who wish to receive continuing education credit.

CERTIFICATES: Cottage Health employees will complete evaluations in Compass Learning. Non-Cottage attendees will receive certificates within 10 business days of returning the evaluation and paying the \$15 fee. Detailed instructions will be provided at registration.

- Grievances may be addressed directly to the Education Department.
- If you are in need of special accommodation, please contact the Education Department at (805) 569-7325.

PROGRAM COORDINATORS

Cynthia Manigault, BSN, RN
Carole Reynolds Ingraham, LMFT

EDUCATION CONSULTANT

Christine Block, MSN RN, SCRNP

TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

Learn more about our Psychiatry and
Addiction Medicine services at:
cottagehealth.org/mentalhealth

Please register at:

attendee.gototraining.com/r/2731664484349180162

Training ID: 287-208-220

After registering you will receive a confirmation email containing information about joining the training.