



# COVID-19

## Precautions in Effect

### *Important Information for Hospital Visitors*

These restrictions help protect our patients, healthcare staff, and community from the spread of COVID-19.

Please ask your care team for guidance with any questions.

Cottage Health hospitals are adhering to the California Department of Public Health's (CDPH) current order to restrict visits, with exceptions based on clinical area.

#### *Guidelines for Visitors:*

- To help keep our hospitals safe, a limited number of hospital visitors are permitted each day. Where visitors are permitted, hours are **8 a.m.–8 p.m.** daily, with no overnight stays.
- **You will need to remain in the patient room for the duration of your visit.** If nursing staff needs you to leave the room, you will be given further instructions.
- Please clean your hands frequently during your visit, and upon entering and exiting.
- You will be provided a mask at the entrance screening. Wear the mask over your **nose and mouth**. Avoid touching your face.
- To comply with CDPH guidance and protect hospital patients and staff, **visitors must wear a mask at all times within the hospital and the patient room.** Even if our staff is not in the room, the mask needs to be worn to prevent germs from spreading into the air. **Wearing a mask is a requirement to maintain visitor privileges.**
- We encourage virtual visits to help stay connected to loved ones. Any use of video, streaming or photography needs to take place in the patient room. No recording of other patients, visitors or staff is allowed.
- Please turn off your mobile device if staff enter the room.

Effective 3/23/2020  
Reference California Department of Public Health