VIRTUAL PSYCHIATRIC GRAND ROUNDS

Parental Paternal Mental Health: Factoring in Fathers

JUNE 2022

PRESENTER:

Jane Honikman, MS

Co-founder, Postpartum Action Institute

This presentation will address misconceptions about the male role in parenthood. It will demonstrate how closely male mental health issues mirror female mental health issues.

Additionally, this presentation will develop awareness surrounding best practices in the care for expectant and new fathers, with an aim to increase parity for perinatal mental health care for mothers and fathers.

LEARNING OBJECTIVES:

- Incorporate the emotional needs of men as they enter fatherhood
- Review the resources and practices for inclusiveness in the delivery of perinatal care
- Examine the barriers and opportunities in providing new fathers with mental health care

JANE HONIKMAN, MS, co-founded Postpartum Education for Parents (PEP) in 1977 with her new parent friends. In 1987 she founded Postpartum Support International (PSI). Jane has published five books, most recently "Parental Mental Health: Factoring in Fathers."

Santa Barbara Cottage Hospital Psychiatry and Addiction Medicine Department invites you to virtually attend its June 2022 presentation.

TUESDAY, JUNE 28, 2022

Noon to 1:30 p.m.
No meals or breaks provided.

Please register at:

https://cottagehealth.zoom.us/webinar/register/WN_mh1BLPOTRwqEoY8Jf_Yavg

After registering you will receive a confirmation email containing information about joining the training.

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CONTINUING EDUCATION

- Course meets the qualifications for one hour of continuing education (CE) credit for LMFTs, LCSWs, LPCCs and LEPs as required by the California Board of Behavioral Sciences.
- Santa Barbara Cottage Hospital is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and LEPs (provider # 57341) and Santa Barbara Cottage Hospital maintains responsibility for the program/course and its content.
- Course approved by the California Board of Registered Nursing, Provider #00252 for one contact hour.
- Continuing Education: Attendance for the full hour is required to receive credit. CE credit is not offered for meals or breaks.

The Santa Barbara County Consortium for Continuing Medical Education is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The Santa Barbara County Consortium for Continuing Medical Education designates each live activity listed for a maximum of *1.0 AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FEES: There is no charge to Cottage Health employees. There is a $15 fee to Non-Cottage attendees who wish to receive continuing education credit.

CERTIFICATES: Cottage Health employees will complete evaluations in Compass Learning. Non-Cottage attendees will receive certificates within 10 business days of returning the evaluation and paying the $15 fee. Detailed instructions will be provided at registration.

- Grievances may be addressed directly to the Education Department.
- If you are in need of special accommodation, please contact the Education Department at 805-569-7325.

DISCLOSURES: The planners and speakers of this live internet activity have stated that they do not have any relationships with ineligible companies. This activity did not receive commercial support.

PROGRAM COORDINATORS

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TARGET AUDIENCE

Addiction Counselors
Clinical Nurse Specialists
Counselors
Marriage & Family Therapists
Nurse Practitioners
Nurses
Occupational Therapists
Occupational Therapy Assistants
Other Mental Health Professionals
Pharmacists
Psychologists
Psychotherapists
Social Workers

Learn more about our Psychiatry and Addiction Medicine services at:
cottagehealth.org/mentalhealth

Please register at:
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